

HARVARD COMMUNITY SENIOR CENTER ACTIVITIES FOR November 2019

Monday 9-3

Tuesday

Wednesday 9-3

Thursday 9-3

Friday

Please note Activities in bold require fees be paid.
 \$4 for Members
 \$5 for Lapsed, Inactive, or Non-members
 \$5 for Congregate Lunch for Seniors
 *PEARLS is by appointment only. Please Call 815.701.6605



1

4 9-3 PEARLS*
 8:30 Walk & Talk
 9:00 Coffee & Convo
2:00-2:45 YOGA
 3:00-6:00 SHIP Counseling

5 9-3 PEARLS*
 Food Pantry

6 9-3 PEARLS*
 9:00 Coffee & Convo
 11:00 Knitting & Crochet
 12:00 Open Activities

7 9-3 PEARLS*
 9:00 Coffee & Convo
1p Music & Movement
 2:30p Chair Tai Chi

8

11 9-3 PEARLS*
 8:30 Walk & Talk
 9:00 Coffee & Convo
2:00-2:45 YOGA
 3:00-6:00 SHIP Counseling

12 9-3 PEARLS*
 Food Pantry

13 9-3 PEARLS*
 9:00 Coffee & Convo
 11:00 Knitting & Crochet
 12:00 Open Activities

14 9-3 PEARLS*
 9a-12p Age Strong @ MCHD
 9:00 Coffee & Convo
1p Music & Movement
 2:30p Chair Tai Chi

15

2nd Annual Stocking Stuffer Vendor Event

Nov. 16th

18 9-3 PEARLS*
 8:30 Walk & Talk
 9:00 Coffee & Convo
2:00-2:45 YOGA
 3:00-6:00 SHIP Counseling

19 9-3 PEARLS*
 Food Pantry

20 9-3 PEARLS*
 9:00 Coffee & Convo
 11:00 Knitting & Crochet
12:00 Congregate Lunch & Lunch and Learn

21 9-3 PEARLS*
 9:00 Coffee & Convo
1p Music & Movement
 2:30p Chair Tai Chi

22

25 9-3 PEARLS*
 8:30 Walk & Talk
 9:00 Coffee & Convo
2:00-2:45 YOGA
 3:00-6:00 SHIP Counseling

26 9-3 PEARLS*
 Food Pantry

27 9-3 PEARLS*
 9:00 Coffee & Convo
 11:00 Knitting & Crochet
 12:00 Open Activities

28 *Happy Thanksgiving*

29